



## 2024-2025 Practice Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pre Team 1 3:45-4:30		Pre Team 1 3:45-4:30		Pre Team 1 3:45-4:30	
Pre Team 2 3:45-4:30		Pre Team 2 3:45-4:30			
Bronze 3:45-4:30	Bronze 3:45-4:30	Bronze 3:45-4:30		Bronze 3:45-4:30	
Silver 4:00-5:15	Silver 4:00-5:15	Silver 4:00-5:15	Silver 4:00-5:15	Silver 4:00-5:15	
Gold 4:30-6:15	Gold 4:30-6:15	Gold 4:00-5:30	Gold 4:30-6:15	Gold 4:30-6:15	Gold 9:00-11:00
Senior Dryland 4:30-5:00 5:00-7:00	Senior Dryland 4:30-5:00 5:00-7:00	Senior Dryland 4:30-5:00 5:00-6:00	Senior Dryland 4:30-5:00 5:00-7:00	Senior Dryland 4:30-5:00 5:00-7:00	Senior 9:00-11:00